



SATURDAY

FEBRUARY 24, 2018

1 – 3 pm

Anxiety: The New Epidemic

**HELPING YOUR CHILD OVERCOME
ANXIETY**

Topics Include:

- **Changing Anxious Behaviors**
- **The I Can't's & The What If's**
- **Helping Your Child Outsmart Worries**
- **When to Protect vs When to Push**
- **Social Anxiety, Phobias, School Refusal & Separation Anxiety**
- **Things That Go Bump in the Night**

**Preston Ridge
Pediatrics
Parent Series**

A Townhall Q&A

Presented by:

Michael R. Papciak, M.D.

**Debbie Kolbrener,
Clinical Psychotherapist**

No Charge!

**Parents and Adults
only --
Bring a friend!**

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Pediatrics**

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